

Lilly Star



We will do it RIGHT now and always!



Content

1. *Editorial* :#2
2. *Management Views* :#3
3. *Ship Staff Article* #5
4. *Sharing and Caring* #6
5. *Best safety Issues* #8
6. *Events* #10
7. *The Delicious Page* #11
8. *The Clan* #12

Happy Diwali



Editor

Capt. Rahul Varma
captainvarma@lillymaritime.com

Published By

Lilly Maritime Pvt. Ltd.
13/II, Tarun Industrial Estate,
Mogra Lane, Andheri (East),
Mumbai,
India -400069
lillyindia@vsnl.com
Website: www.lillymaritime.com

Hi Colleagues!

On the Auspicious Diwali day we have a new beginning for the company and for us.

As the saying goes Real Fact is...

"Everything you want in your life is waiting for U. An inch outside your comfort zone and an inch inside your effort zone!"
Just Make A Move!

Opportunity always strikes our door and it is important that how well we are prepared to take and make it our success story! We have a very high retention rate for shore and ship staff, which has allowed us to grow as a family. With this quarterly magazine, we hope to broaden our horizon with contribution from one and all for the thought process to improve and allow a forum to share our views and lead us to next rung of our success ladder! Let us pray for the success of the magazine, the company and thus success to ourselves too!!

The continuing turmoil in the world economy has slowed down the shipping business but we are fortunate our principals have done well and the ships and sites are with regular business. Further, our company has diversified into other areas of operations including diving/ under water services, industrial projects erection etc which will have stabilizing effects in times of downturn in our core areas of operations.

The most important thing in today's market is to be niche player and be "First among the equals" to win the business. Thus, in our continuous effort of improvement, we try to enhance our PMS, safety culture, reporting and auditing system to ensure "We do it RIGHT now and always!" Various efforts, campaigns and your efficient contribution will surely ensure we reach TMSA Level III across the fleet by year end and also spread this unique culture in other areas of business we engage in.

I thank those who have contributed their articles to make the first edition a success and our special thanks to Mrs.Amruta More, Deputy Manager, Technical Dept who has helped us to design the layout. I am sure this in house journal has a long way to go and you will find many areas of interest and experiences to share with your colleagues and also your suggestions for improvements and value additions. We look forward to your innovative articles to share with us to cover in future editions.

During this auspicious month we wish you all a "Happy Diwali" and prosperous New Year ...

Capt. Rahul Varma



It's DIWALI and an auspicious day to start the release of this House Journal "Lilly Star". I wish all the team members on board and ashore together with their family members the best of health, peace and happiness. Lilly has completed 17 years of service in its corporate journey and has grown from 17 to 360 member team. During the internal review meetings held, I have briefed you on my experience and usefulness derived from my participation at the Safety Conference conducted by the SHELL group. Lilly's Vision is to emerge as one of the globally recognized Ship Management Company. As you are all aware, we have been taking active steps be it small or big so as to move forward in that direction. Our Mission is to provide safe, reliable and cost effective services to our esteemed customers ensuring protection of life, property and preservation of environment. In February 2013, we successfully conducted the Strategy Workshop in which some of our Customers' representatives whom we consider as important stakeholders of Lilly had also participated. The Workshop served as an excellent clearinghouse of ideas bringing about awareness, team spirit, leadership focus and commitment to perform for achieving the organizational goals. Another step I consider is to have a common platform for everyone to share information and experience through this in-house journal to aid professional and personal self development. No doubt, we had faced a few problems here and there, which taught us good lessons and we successfully faced such challenges with your total involvement, support and confidence. It is said that the most important lesson is not to forget the lessons learnt.

Lilly has embarked on accretive diversification into areas like Diving / underwater services, Ship Repairs, Erection of On-shore industrial projects etc., leveraging on our engineering skills and in-house expertise. Our strong focus is on getting the quality and industrial recognition of these areas of our operations.

Our appreciation is for everyone who has contributed articles to add to the value of this in-house journal. Due to size constraints, some articles given may not be featuring in this edition but will be covered in the next issue. I wholeheartedly thank Capt. Rahul Varma for his enthusiastic leg work to bring about this in house journal.

WISH YOU ALL A VERY HAPPY DIWALI

Rethina K. Kumar (Managing Director)



TIPS FOR SELF MOTIVATION

Self motivation is a driving force for accomplishing anything one needs as otherwise things will not get done. A mere wish which is a **weak desire** is not enough to make one to take action. A **strong desire** with a sense of urge can drive one to act and accomplish the goals. One must be willing to do whatever it takes to accomplish that. Creating a right environment serves as a positive motivation which is powerful engine for success.

One cannot spend a lot of time either lamenting over the bad luck or all that happened in his/her life. Living in the past can only make things worse in the present or future. Why is a car's wind shield is so large and the rear view mirror so small? Because our past is not as important as our future. Worrying does not take away tomorrow's troubles, it takes away today's peace. So, look ahead and move on. Unshackling of the past and starting afresh is key to success. Few tips for self motivation:

- Make goals clear discerning about the benefits to be gained by achieving.
- Visualize how feelings will emerge after achievement.
- Start by taking baby steps towards achieving the goals one after the other.

Everyone wants to live on top of the mountain but all happiness and growth occurs while one is climbing it.

All things in life are temporary, if they are going well, enjoy them; they will not last forever. If they are going wrong, don't worry; they cannot last long either.

Let us all learn to live with the conviction that "Life is tough but I am tougher".

WISHING ALL WITH FAMILIES A VERY HAPPY DIWALI

Mr. R. Balkrishnan (CFO)



It is heartening to know that by taking the initiative of bringing out an in-house journal, Lilly Maritime (Lilly) has thrown open opportunities to its human capital to share their ideas, views and experiences which will indeed facilitate honing of skills. With the unstinted and sustained support of the entire Lilly team, the Agency arrangement between Lilly and Silver Star Ship Management (SSSM) has been nurtured over the last six years with growth in business. SSSM initially started with a small tonnage tanker in the year 2007 and presently caters to 80,000 DWT tankers under its management which has become possible due to strength of its relationship with Lilly.

It is an accepted fact that skill development and knowledge up-gradation on a sustained basis are very important to successfully face the current and future challenges which are becoming increasingly dynamic and ever changing. Also, total customer focus need to be brought to the center stage of organizational activities. Let us follow the simple truth to achieve our common goals keeping in mind "Care and render positive help and response to those who look up to you for encouragement and to those who need you at their side"

Let Lilly and SSSM leverage on their strong bond and enduring business relationship developed over the years by effectively facing the challenges in the business environment and seizing growth opportunities.

Senthil Kumar

Ship Staff Article

Happy Memories with Company

I hail from a small village called Balipur in West Bengal. I did my Pre Sea course from B.P. Marine Belapur in 2004. I can still recall the year 2009, which was one of the worst years for the Shipping Industry. There was a severe shortage of jobs but excess of personnel to take up those jobs. I, like many of my fellow seaman was struggling on the roads of Mumbai to find a job on Ships. The market was so bad that mariners were ready to give their 2 months' salary to Agents to go on any kind of Ship.

In those days of struggle, I landed up in the Office of Lilly Maritime Pvt Ltd. I was fortunate that there was a vacancy available and I got my first break with Lilly Maritime without paying a single penny. My first ship was "Khalija II". Since then it has been a long journey of togetherness. I really appreciate what the Company has given me even in the worst of my times and that is a fact I just cannot forget. In the last two years I have seen the standard of the Company improving at an unbelievable pace with induction of better qualified personnel.

My loyalty to the Company will always be very high because of what the Company has given me. In all these years it has been like living in a family. The constant support of my fellow Seaman and seniors and the environment on board makes living on board a pleasure. I will always urge my fellow mariners to come and join this Company for a better and stable future.

Finally, I wish health, wealth and happiness to everyone out at Sea and
Ashore.

Jhantu Kumar Samui (OS)
Asphalt Alliance

Why I enjoy.... My Sea Life

Ship is one of the largest and most manmade structure on the planet and it operate in a wide range of harsh environment, the people who all are involving in its operation are committed to quality safety and reliability when working on board and I enjoy sea life because I am part of this quality environment.

The first thought that I get is an attractive salary which gives a secured life as economically. More over us can travel all over the world and getting a lot of knowledge for career growth and this one of the most responsible and hard working job from the time we are a trainee. It is a well respected career. Of course am very happy because I got an opportunity to be a representative of Indian seafarer in front of the world.

Even with all the vagaries sea life is more safes than being in ashore because on board we conduct regular safety meetings, safety trainings all this elements that make effective safe working environment. And I am enjoying this because this job got me more safety and hygienic environment of the open sea for safe working.

These are the ways I enjoying sea life and very much proud to be a seafarer.

Binu Baby

Asia Asphalt II

Life at sea is tough. We hardly get time to enjoy. But somehow we always find time for enjoyment officially (and unofficially i.e "gala"). Every day we get to learn new things about ship and it gives a lot of satisfaction to explore and learn about the ship. We work hard and safe (in tough climatic condition) on deck, at the same time find ways to make fun of each other and pulling others legs.

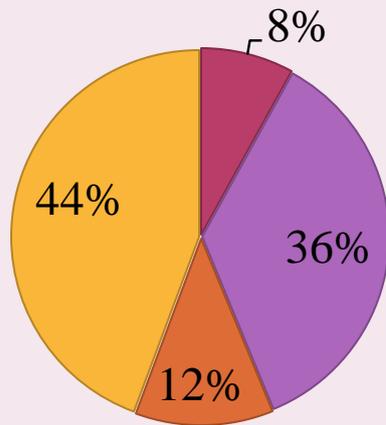
During rest hours we meet up each other in the smoke room and watch movies and listen songs. We also do work out at the gym whenever we get a chance and play Table Tennis to refresh ourselves after working under the hot sun. And the best part is the time spent in the swimming pool. It's a place where we have lots of fun. Also we do organize party where all the ship staff get together and play games and dance to the tunes. Nothing equals the pleasure of having a word with our family and friends and to know that they are happy and safe.

One advice to my colleagues on other vessel, enjoy your life at sea no matter how tough and hectic work is. We all got one life, live it to the fullest. May god bless us all...

Astitwa Yadav & Sujith Venugopala (Dk Cadet)
M.T. Bateel

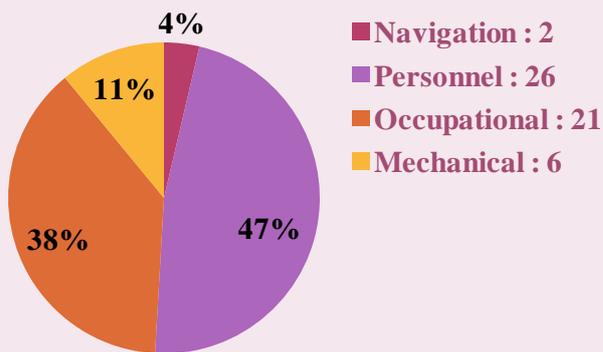
Sharing is caring...

HALF YEARLY HSE DATA



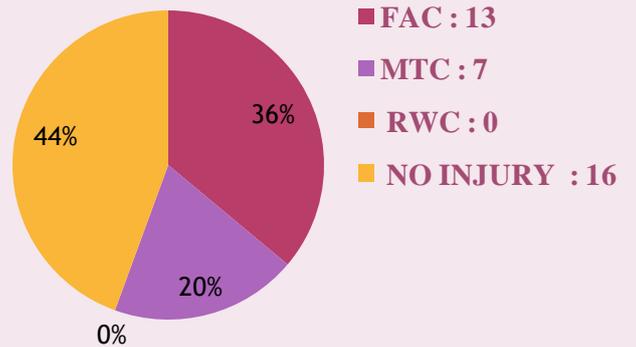
- Incident/accident : 29
- Near Miss : 130
- Non Conformities /Observation : 43
- Freeze Card Issued : 161

CHARACTERISTICS



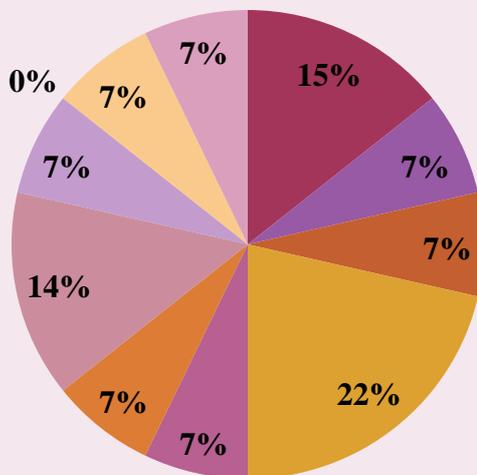
- Navigation : 2
- Personnel : 26
- Occupational : 21
- Mechanical : 6

CATEGORY



- FAC : 13
- MTC : 7
- RWC : 0
- NO INJURY : 16

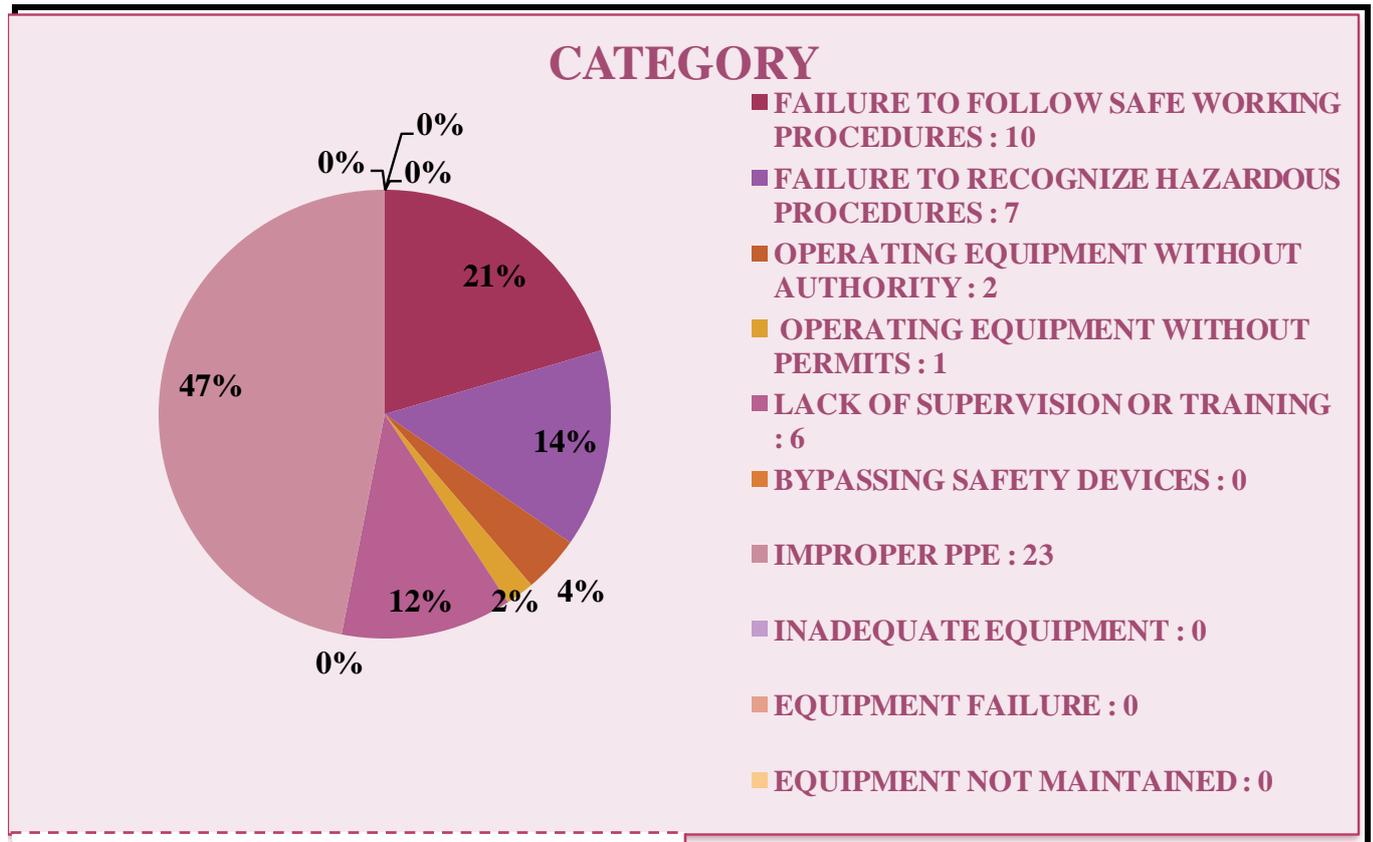
OPERATIONS



- Anchorage : 2
- Bunkering Operations : 1
- Cargo Operations : 1
- Mooring operation : 3
- Navigation : 1
- Heavy weather percaution : 1
- Manoeuvring : 2
- Tank cleaning : 1
- Occupational : 0
- Others : 1
- Maintenance : 1

Sharing is caring...

FREEZE CARD ANALYSIS



Prevent Back Injuries

- **Adjust workstations and work surfaces.** If the workstation or other work surface is at the proper height, employees are less likely to have to stoop, bend, reach, and be injured.
- **Use mechanical lifting and moving aids,** such as pallet jacks or conveyors to minimize the need to lift, carry, or push heavy items.
- **Change position.** Sitting or standing still for long periods causes stiffness and muscle tension in the back and can lead to pain and injury.
- **Take breaks.** Although you want workers to be productive, you also want them to be safe. When someone's performing a job that puts strain on the back, they need to take frequent short breaks to relax tense muscles and rest.
- **Watch posture.** Poor posture also contributes to back strain and pain. Employees should stand straight with weight evenly distributed on both feet. When sitting, they should keep the back straight and supported by the back of the chair. And when lifting, they should keep the back straight, avoid bending at the waist or twisting, and lift with the legs.
- **Lighten the load.** Heavy loads should be divided into lighter ones for lifting and carrying. If they can't be, then the employee has to use a lifting aid or get help from a co-worker to prevent the risk of back injury.

Vetting Status

Asia Asphalt II: IDIMITSU on 17th May
 Asphalt Merchant: ENOC on 10th June
 Asia Asphalt I: ENOC on 18th June
 Galbot: ENOC on 04th July
 Tristar Pride: IMT on 10th July
 Bitu Gulf: IDIMITSU on 14th October
 AEL II: Shell on 20th October

ClassNK



ISO 9001

ISO 9001:2008

- **Occasional ISO 9001:2008 audit was carried out on 16th August 2013 without any major findings on non-conformity/ compliance.**
- **Indian DOC Audit completed successfully**

Sharing is caring...Best Safety Issue: Near Miss

DESCRIPTION	CORRECTIVE / PREVENTIVE ACTION TO BE TAKEN:	OFFICE RESPONSE
FW tank manhole cover in Chemical Locker was opened for transferring water, Crew member left it unattended and open without grating to check the sounding from upper deck. ROOT CAUSE: Not following proper procedures.	Deck crew was briefed about the proper procedures to be followed when manhole cover of tanks are opened. Likelihood of person falling in the tank due to open manhole cover explained.	Any opening must be covered as far as possible with some grating when not in used and certainly cordoned off with a safety sign posted to allow any ship staff to be aware of the danger. This is common seaman ship and need to be followed always.
Crew member was found greasing aft crane wire (on crane boom), without using safety harness.	Crew members mustered. Clear instruction were given regarding working aloft check list requirements & coswp	The officer giving the job to the crew has to take the responsibility of the safe procedures followed by the ship staff. Also, educate the crew on the use of the permit and ensure they are motivated to use it when required.
While removing barb wire on weather deck ,for preparing berthing , got a cut on hand due to torn gloves	On the cut part and instructed him to change to new gloves and briefed about proper PPE	The handling of wire ropes and other ropes is clearly advised in the FOM Ch 3.5. Please ensure that the officer giving the job to the crew briefs the crew on the safety matters and ensures that it is followed strictly. A verbal tool box meeting is a must for any job undertaken.
Cargo hose was not properly secured and the weight of cargo hose was completely on ship side railing. 2nd officer noticed the situation and instructed deck crew to rig chain block properly to take the weight of the cargo hose on the chain block and davit arm as the weight of cargo hose during loading might cause damage to the cargo hose and/or ship's railings. RCA: lack of awareness of safe working practices. Poor understanding of hazards of the situation.	Chief officer advised deck crew to secure cargo hose properly with chain block and davit arm & ensure the weight of it doesn't come on ship's railing.	It should be ensured that the correct instructions for the rigging of the hose is informed and posted in the CCR with a drawing to educate all crew.

*If you are depressed, you are living in the past
If you are anxious, you are living in the future
If you are at peace, you are living in the present*

Sharing is caring...Best Safety Issue: Freeze Card

DESCRIPTION	CORRECTIVE / PREVENTIVE ACTION TO BE TAKEN:	OFFICE RESPONSE
It was noticed that the dcp fire extinguisher from bridge was misplaced by the water type fire extinguisher from officers' deck & visversa after completion of fire drill.	Explained to all crew the importance of placing suitable fire extinguisher in the designated position as per fire plan, the consequences of not finding the suitable fire extinguisher in it place in case of fire. and also explained the various classes of fire and the type of extinguishers that are to be used for each class.	Please advice if the FFA photolumicent sticker for the extinguishers has been put at all places. This should be compared with the extinguisher in place to ensure the correct extinguisher is put in place.
One of the AB was about to throw paper waste overboard during a voyage	Deck cadet immediately stopped AB and explained him discharging criteria of garbage into the sea as the vessel is sailing in special area under MARPOL ANNEX - 5 & paper waste disposal to sea is prohibited.	The regular instructions and training for the garbage regulation is a must to avoid heavy penalty to the vessel. Please ensure this is discussed in safety meeting.
SGS Surveyor was found using mobile phone on poop deck area during discharging operation	3rd officer immediately stopped SGS surveyor and instructed him not to use mobile phone outside accommodation as it is prohibited by terminal.	Any third party surveyor on board is to be instructed to use PPE as per the job being undertaken and is governed by the Ship SMS. It is the ship staff responsibility to ensure these at all times.
During cargo operation cadet walking on pipeline to close cross over v/v.	Deck crew was briefed to problems associated with walking on cargo pipeline.	Personal safety is most important. Please educate the cadet to work safely.

Lilly's Jamnagar Operations:

O&M Ship Management

Lilly's Jamnagar operations commenced in the year 2001 specifically to provide services to M/s Reliance Port & Terminals Ltd for the Operation & Maintenance of 02 nos Pilot crafts (Apurva & Poonam) and 02 nos Security Crafts (Eagle & Chetek) of Reliance Industries limited. These services are provided complying with the ISO 9001:2008 Standards & the quality requirements as laid down in the Quality Management System.

Initially, the base office staff consisted of 8 members led by a Technical Manager supported by a team of technicians like of Electrical Officers / Maintenance engineers and AC technicians and a fleet of fitters. In the year 2008, 02 nos New pilot crafts (Anjali & Apsara) and 01 no Pull back Tugs (RT-15) were entrusted to Lilly for operation and maintenance. Further, in the year 2012, 1 no additional pull back Tug (RT-16) was provided to us for O&M management. The complement of staff for Jamnagar operations has been presently augmented to be supervised by an exclusive GM (Technical) and DPA/MR from the Head office of Lilly. All crafts are under IRS class and manned as per the latest SMD directive of the Mercantile Marine Departments.

Pigging & Material Handling Management

Lilly's Operations in Jamnagar also encompasses Pigging services and presently committed to a 3 years' Annual Rate Contract for Reliance SEZ / RRTF / MTF and Jetty area of its Crude and products. The set up has also assisted 3P German pigging company for a major 48" underwater pigging operation of 42 Kms successfully carrying out and completing the contract which received appreciation. In addition to the Pigging operations the company also provides chemical handling services on a regular basis transferring chemicals and acting as agents to Tankers & VLCC's calling the port of Reliance Port & Terminals Ltd.

Events



Wedding Bells

Two Lives,
Two Hearts,

Joined together in Friendship
United Forever in Love

Mr. Vengat

(Technical Assistant, Technical Dept at
SSSMGT)

Weds with
Ms. Asha

On 16th Sep 2013

Vessel Takeover

We are happy to inform
you that our Crew
Members have taken over
the management of
M. T. Aspam Sai (IMO No.)
at Colombo on 1st Week of
October 2013

Wedding Invitation

Ms. Sneha Choudhary

(Daughter of Capt. Mihir Choudhary, (General
Manager)

And

Mr. Hrishikesh Mandhare

Have the joy of announcing their
marriage which took place on
30th November 2013

At

Delhi Darbar INN , Mira Road

Soul to rest in peace

Mr. **Puran Singh Rajput** ch. Cook
departed for heavenly abode on
board "Asia Asphalt II" on **10**

We convey our heartfelt
condolences to his family members
and pray for his soul to rest in
peace,

The Delicious Page...

Kentury Fried Chicken

Ch.Cook Pramod Kumar Chauhan (Bitu Gulf)

Ingredients

1. Chicken with skin cut into 8 or 12 pieces Let all pieces dry
2. White flour - 4 tsp
3. Egg - 3 no's
4. White pepper powder - 1 tsp
5. Ginger garlic paste - 3 tsp
6. Salt - to taste
7. White bread crumb 300 gm
8. Oil - for deep frying
9. Vinegar 2 tbsp
10. Cinnamon powder ½ tsp
11. For spice lover can add 1 tsp chili powder
12. Cocktail sauce
13. Half bowl mayonnaise, half bowl tomato sauce
14. Whip both till mix well



Method

Take a bowl and mix all of the mentioned ingredients (except oil and crumb) and allow to Marinate for 3-4 hrs.
Then, heat oil in a pan and toss the chicken with crumb fully covered then deep fry the marinated chicken pieces till golden brown.
Pat dry with paper towels,
Serve with cocktail sauce, an excellent appetizer/starter and side dish for pulav /other rice varieties.



Dry fruit Vegetable Mayosalad

Ingredients-

1. Carrot 150 gms
2. Cauliflower 150gms
3. Green Beans 150 gms
4. Green Peas 150 gms
5. Apple 150 gms
6. Dry Fruit Assorted 175 gms
7. Mayonnaise
8. Salt to Taste
9. Pepper

Recipe-

Blanch all vegetables except dryfruits. Keep in refrigerator for about 30 minutes. Take it out and mix all ingredients adding mayonnaise as per taste. Put it back in refrigerator and serve it chilled.

Son Palli (Ch. Cook)
Asphalt Alliance

P	K	H	D	A	X	U	Q	N	K	H	E	B	Y	V
S	P	M	J	H	G	E	B	S	Y	V	T	T	Q	O
L	I	G	D	B	N	T	Y	O	W	T	A	A	M	R
P	T	M	K	I	A	H	A	M	F	E	D	U	B	Y
W	T	A	E	B	T	R	A	E	H	U	S	Q	S	O
O	G	M	M	L	B	O	K	W	M	K	I	M	D	F
D	B	O	Z	O	T	A	E	H	R	E	P	U	S	X
W	C	U	A	A	L	T	S	A	Q	O	C	K	N	L
J	H	T	E	T	F	P	T	T	D	A	C	N	A	Y
W	V	T	H	S	Q	P	I	N	T	L	K	I	I	H
F	C	E	C	B	Z	Y	W	D	V	U	S	R	Q	M

WORD SLEUTH

Find the listed words in the diagram. They run in all directions forward backward up, down and diagonally Ex: THROAT

Bloat	Heartbeat	Some what
Boat	Ducat	Ku mquat
Superheat	Cheat	Gnat
Mincemeat	Throat	Combat
Goat	Muskrat	

You are driving along in your car on a wild, stormy night, it's raining heavily, when suddenly you pass by a bus stop, and you see three people waiting for a bus:

- * An old lady who looks as if she is about to die.
- * An old friend who once saved your life.
- * The perfect partner you have been dreaming about.

Think Outside of the Box

Which one would you choose to offer a ride to, knowing very well that there could only be one passenger in your car? This is a moral/ethical dilemma that was once actually used as part of a job application.

He simply answered:

"I would give the car keys to my Old friend and let him take the lady to the hospital. I would stay behind and wait for the bus with the partner of my dreams."

Sometimes, we gain more if we are able to give up our stubborn through limitations. Never forget to "Think outside of the box"

The Clan



HEAD OFFICE TEAM



DIWALI DAY



**JAMNAGAR PIGGING OPERATIONS
TEAM**



SILVER STAR TEAM